



# Infant Daily Schedule



- 8:00-8:30 Children Arrive
- 8:30-9:00 Feeding time / Bottle / Baby Food
- 9:00-9:30 Check Diapers / Change Diapers
- 9:30-10:30 Quiet time (morning nap)
- 10:30-11:00 Tummy Time / Toys
- 11:00-11:30 Change Diapers
- 11:30-12:00 Feeding time / Bottle / Baby Food
- 12:00-12:30 Soothing Music
- 12:30-2:30 Quiet Time (afternoon nap)
- 2:30-3:00 Change Diapers
- 3:00-3:30 Feeding Time / Bottle / Baby Food
- 3:30-4:00 Outside Play /Tummy time / Toys
- 4:00-4:30 Songs
- 4:30-5:00 Change Diapers
- 5:00-5:30 Feeding Time / Bottle / Baby Food
- 5:30-6:00 Clean up / Prepare to Go Home

